PSHE at The Meadow



Intent

At The Meadow, we aim to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more. At The Meadow Primary, personal, social, and health education (PSHE) enables our children to become healthy, independent and responsible members of a society.

It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

"Educating the mind without educating the heart is no education at all" –

Aristotle



Sequencing Content

- *We follow the Cambridgeshire Primary Personal Development Programme.
- *This progressive framework builds on previous teaching and learning breaking skills and knowledge into developmentally appropriate chunks of learning.



Big Ideas

- *Myself and my relationships
- *Healthy and safer lifestyles
- *Citizenship
- *Economic wellbeing (non-statutory)



Deepening Concepts

*The units of work covered by each year group are the same each year, building on what the children have been taught previously and therefore deepening their understanding and thinking.



Retrieval Practice

- *Previous learning is revisited and embedded alongside new learning
- *Remembering key learning and knowledge is celebrated and part of our school culture
- *Key vocabulary and its definition is found at the start of each unit of work in PSHE books